Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Mental Health Developments in Tamworth

Sue Unwin- Consultant Nurse and Approved Clinician (MPFT)

Upkar Jheeta - Head of Business & Service Development (MPFT)

Scope

- Current Configuration of MH services
- CMHF updates
- Core24
- Winter discharge and hospital avoidance pathway
- Crisis Alternatives (Autism)
- IAPT

Current Configuration of Adult MH Services

Services Delivered

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Adult Mental Health Community

- Adult Community Mental Health
- Increased Access to Psychosocial Therapies (IAPT)
- Dudley Memory Team
- Dementia & Memory Service
- Core 24 (Burton Hospital)
- Adult Liaison Psychiatry
- Crisis Resolution & Home Treatment Service
- Dementia Liaison Team
- Access
- Specialist MH support into Prisons & joint working with LAs

Adult In-Patient Services

- Adult Acute Mental Health In-Patient
- Older Adult Mental Health In-Patients
- Dementia In-Patient Wards
- MOD Beds
- PICU
- 136 Suite

Social Care

- Hospital Discharge Teams (discharge pathway)
- Adult Mental Health Section 75 Agreement (Staffordshire)
- Community Managed Libraries

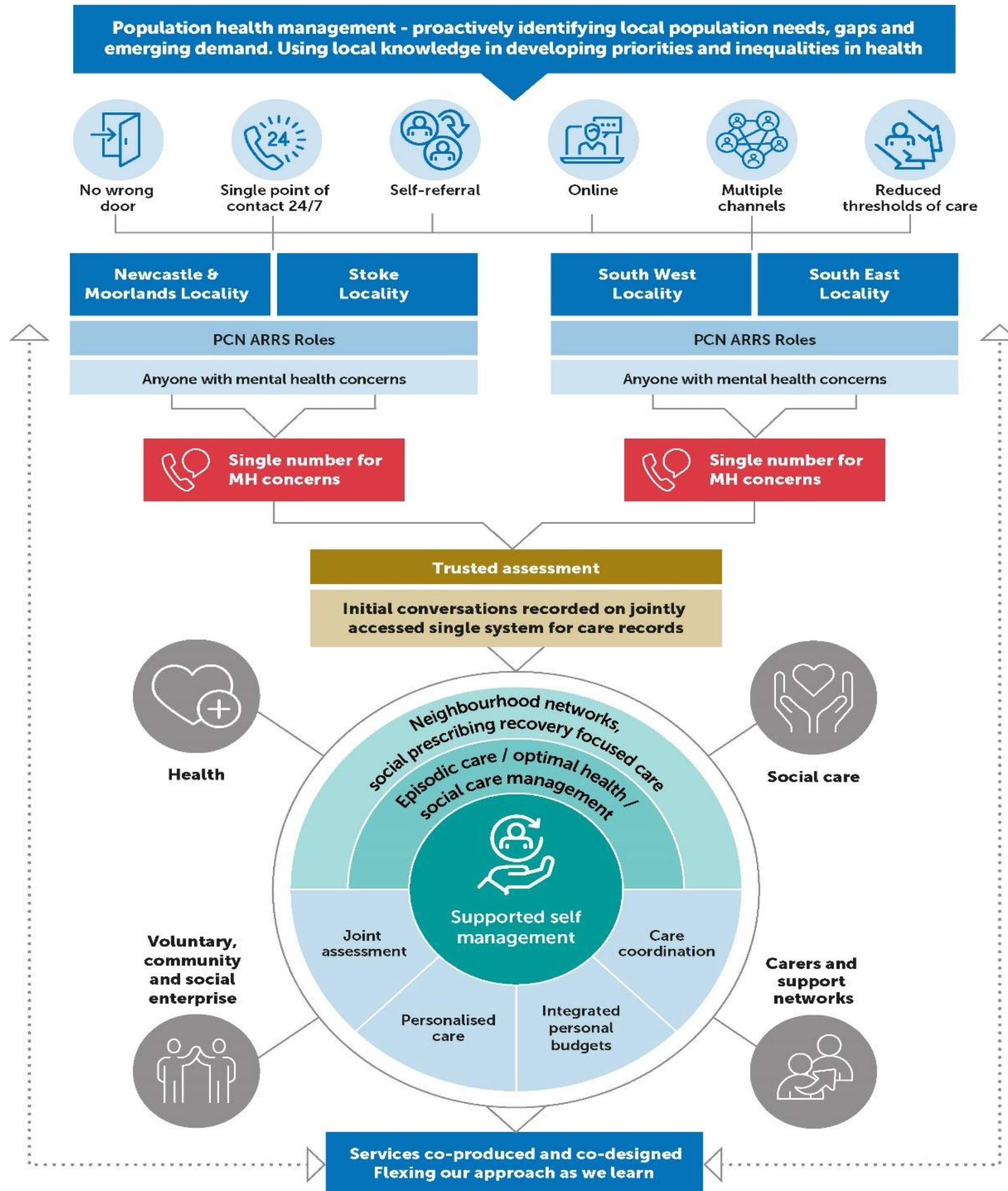
SMI data: Quarter 4 figures

CCG	% Full check	Actual numbers	Total SMI register
Cannock CCG	16.3%	143	879
East Staffs	9.7%	69	715
S/East staffs and Seisdon	21.4%	299	1400
Stafford and surrounds	25.9%	250	964
Total		**761**	**3958**

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Community Mental Health Framework

Staffordshire & Stoke on Trent Community Mental Health Transformation Model



Partnerships with Social Care, Substance Misuse, Housing & Voluntary Sector

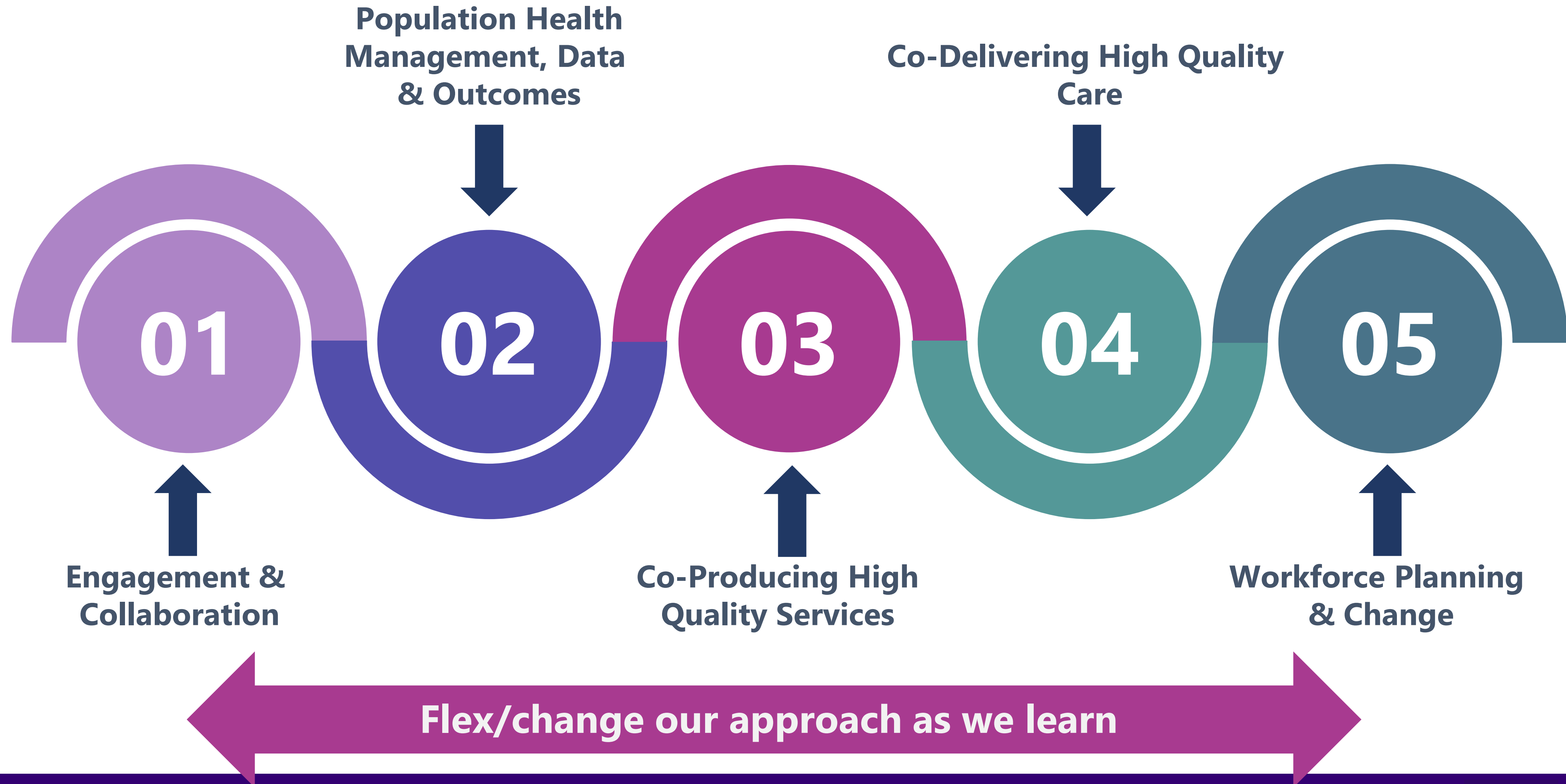
NHS
Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

- Opportunity to consider patients as people: holistic lives, multiple factors that impact on mental health
- Multiple opportunities to prevent a return to severe mental illness and to recover in ways that are most effective for them
- Shaping these services as they are developed

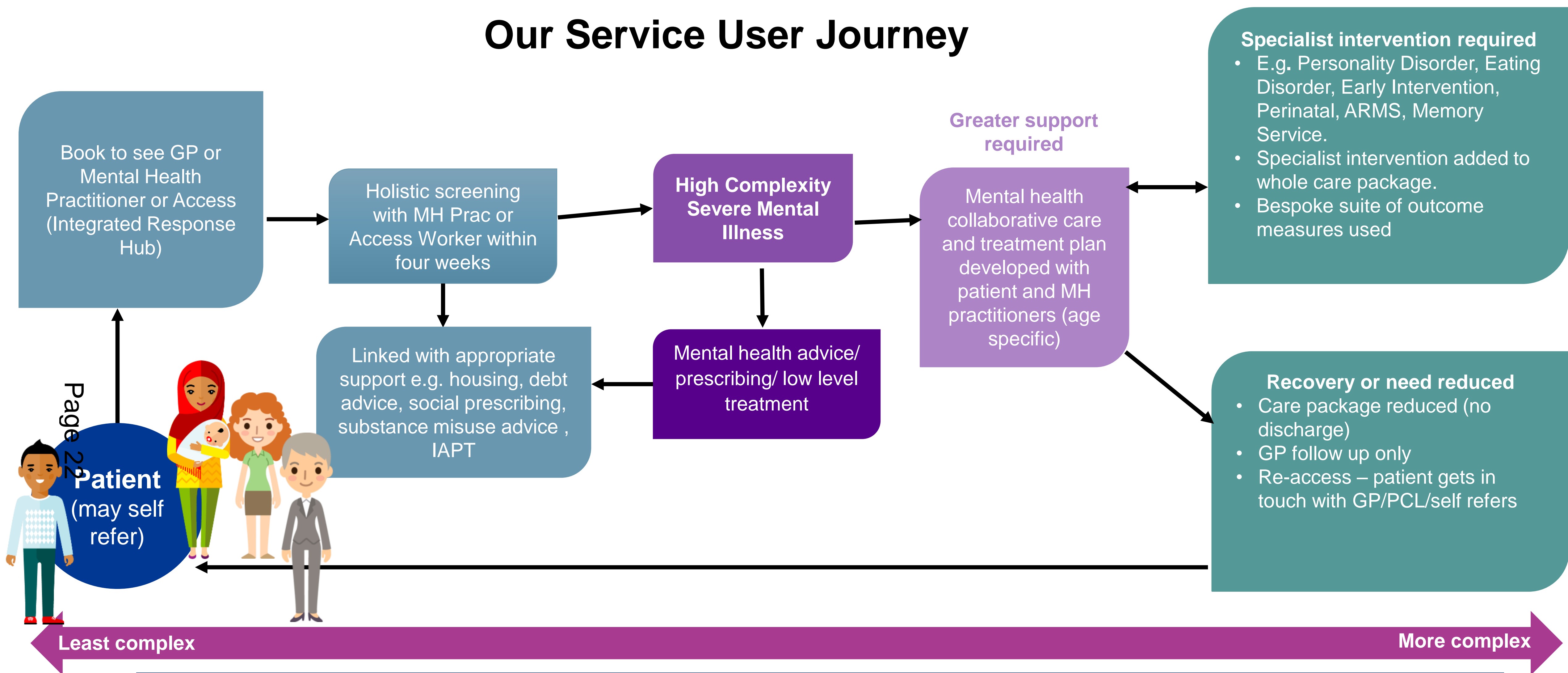
- Local and asset based – building on what we have and addressing gaps
- Integrated and mutually supportive services – focussed on the person
- As well as peer support and therapeutic services – integrated with primary and community care alternatives
- An broad rehabilitation and recovery pathway
- Plus pathway specific opportunities for community rehab, eating disorders and personality disorders

Overview of CMHF Strategy

NHS
Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust



Our Service User Journey



Throughout the patient journey:

Meeting physical health needs	Annual health checks and follow up of results. The Mental Health Advanced Clinical Practitioner will support practice nurses etc with assertive outreach and follow up for SMI patients.
Supporting social needs	Links to community assets and social prescribing as required to address social determinants of mental ill-health
Holistic Needs	Used collaboratively to identify needs, plan and measure clinical outcomes
24/7 support	Access to the 24/7 mental health helpline when needed (commissioned separately)

Community Mental Health Framework

CMHF Transformation Board

Build and maintain strong relationships
Resilient partnership working can withstand challenging situations, inspire shared learning and act as a model for colleagues to follow

Tackle problems together
When joint working is organic, motivation to overcome issues is greater, leading to more effective outcomes

Reinforce the shared vision
Communicate in a clear and consistent way to address challenges/concerns, share opportunities and encourage involvement (e.g. staff champions)

Talk first
Involve the service user early and often to agree the best way to address their individual needs

Using population health to influence our decision making
Investment and pathway design informed by population health in order to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across the system

Work collaboratively
Commitment to joint decision making and equity of voice

SOUTH STAFFORDSHIRE WIDE SERVICES

- Access & Crisis
- Early Intervention & At Risk Mental Status
- Memory Service, Dementia & Older Adults
- PD Pathway (including ILS)
- Rehab/Recovery Pathway
- IAPT

SOUTH WEST

South West Band 8a Area Manager

- Neighbourhood Lead Band 7 (Cannock Rugeley & Great Haywood)
- Neighbourhood Lead Band 7 (Stafford & Seisdon)

SOUTH EAST

South East Band 8a Area Manager

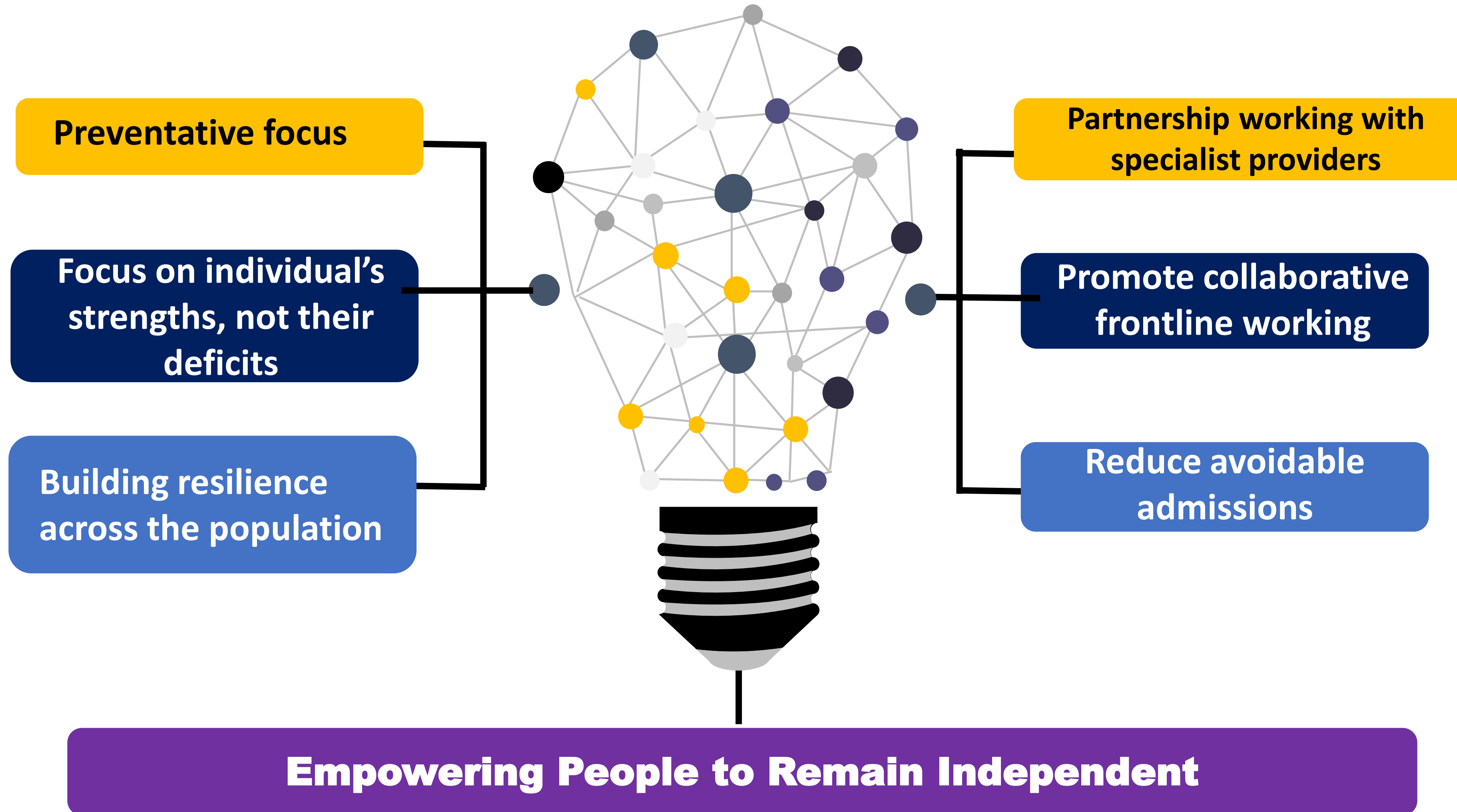
- Neighbourhood Lead Band 7 (East Staffs)
- Neighbourhood Lead Band 7 (Burntwood, Lichfield & Tamworth)

Crisis Alternatives (Autism)

mhm mentalhealthmatters™

SAAS Staffordshire Adults Autistic Society

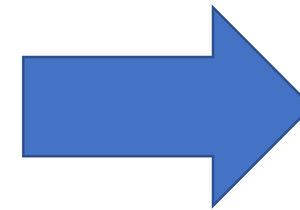
NHS Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust



Core 24

Core 24

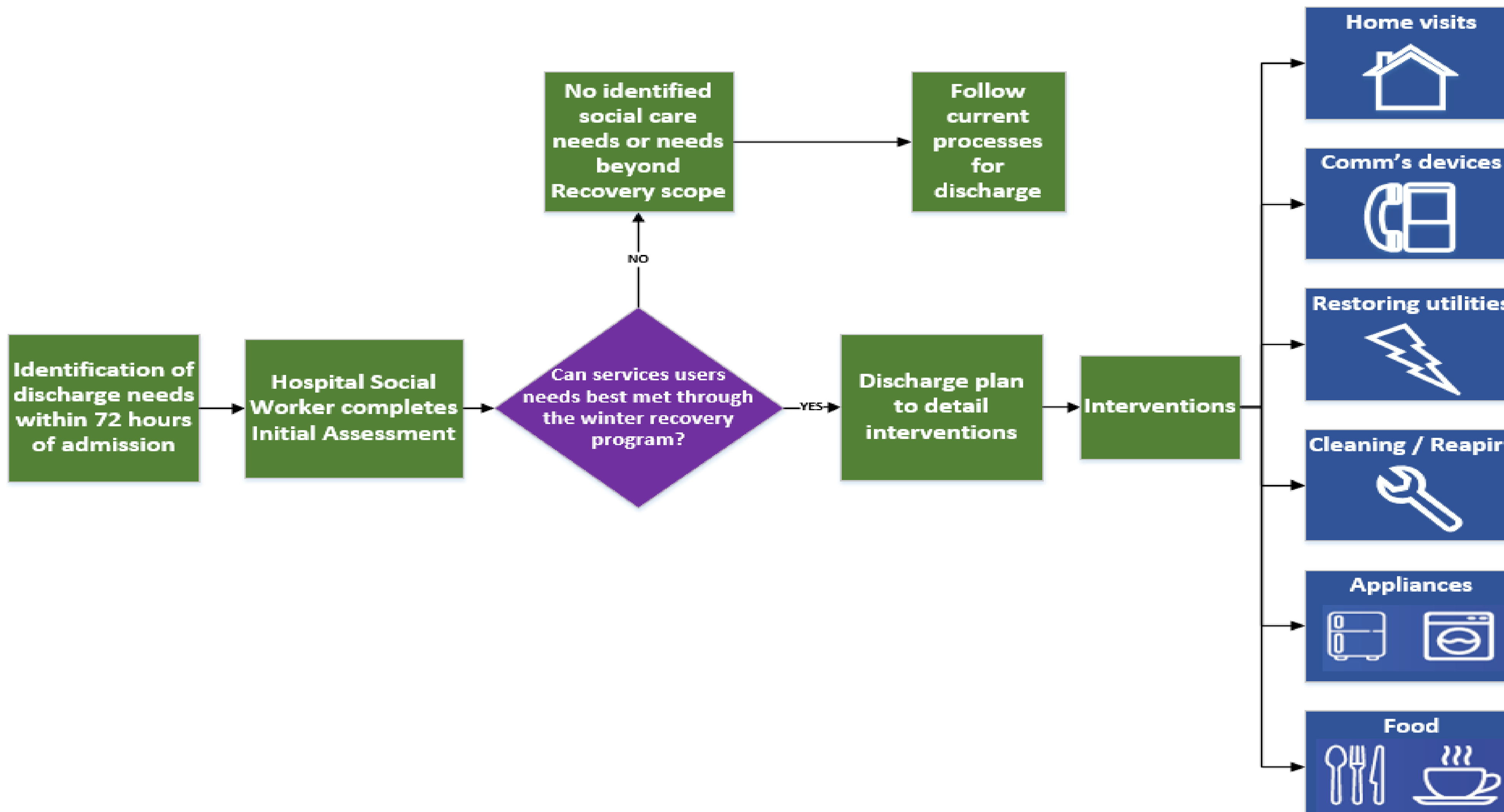
NHS
Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust



Mental health teams in all A&Es by 2021 with Core 24 standard teams in 50% of acute hospitals by 2021

Winter Discharge & Hospital Avoidance

Winter Discharge Pathway



Winter Discharge Pathway

mhm mentalhealthmatters™

NHS Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust

mhm mentalhealthmatters™

Case Studies

NHS Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust

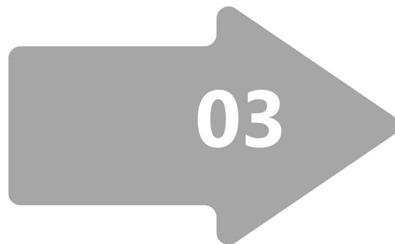
Case Study 1 - Gentleman with significant physical & mental health needs

Outcome and Support Provided:

- Joint visit with physical health social worker
- Food parcels
- Utility top-up
- Removal of surplus furniture blocking walkways

Case Study 2 - Gentleman with multiple admissions, social stressors – debt, self neglect

- Food and utility top-up provided
- Removal of broken appliances & installation of new white goods
- Recovery Workers enabling supporting with complex stressors
- Support with move to smaller property and immediate repairs to property to enable this move
- KOMP provided to increase social interaction throughout the day



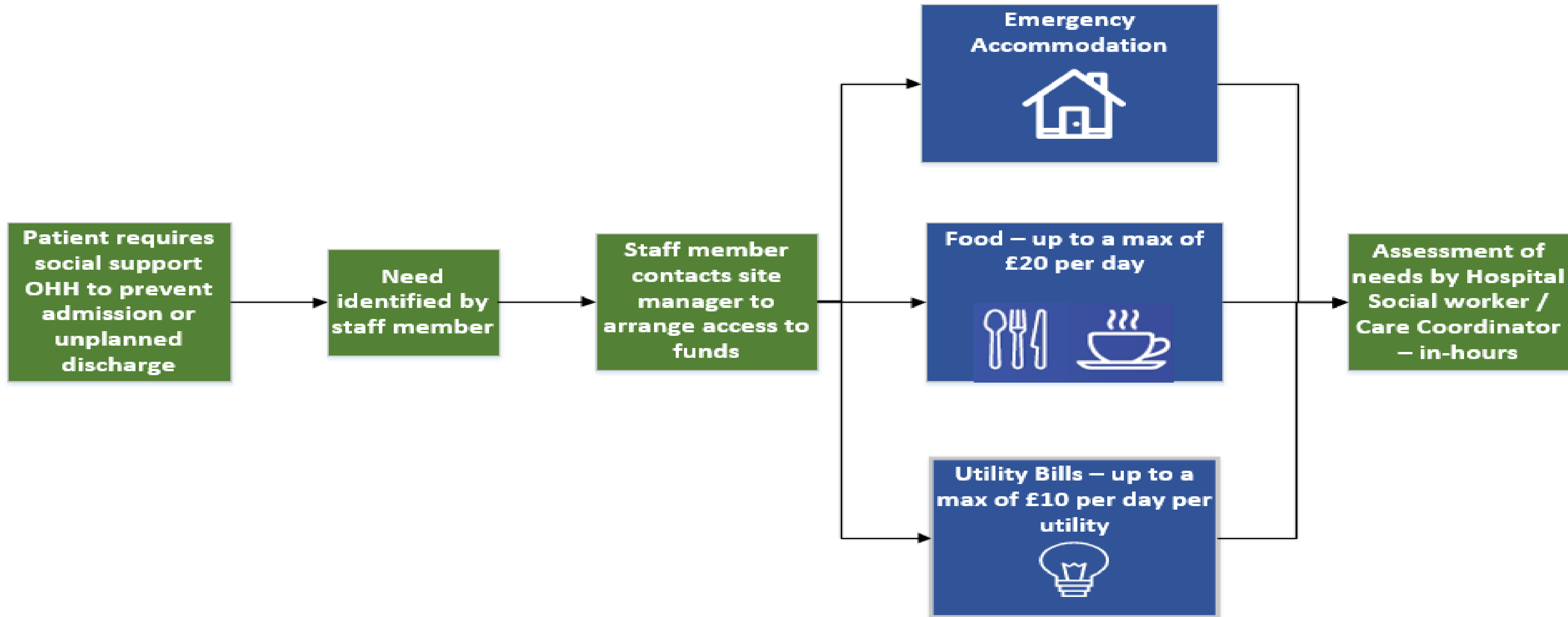
Case Study 3 - Lady with significant history of admissions, long stay patient

- Change of locks and replacement alarm fob
- Property condition checked and utilities restored and initial clean-up of out of date food
- Support planned to attend bank to restore access to accounts
- Support planned with getting belongings from previous accommodation
- Support planned to cover writing on walls together with her

Hospital Avoidance / Unplanned Discharge Pathway

mhm mentalhealthmatters™

NHS Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust



IAPT

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

North Staffordshire
Combined Healthcare
NHS Trust

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

The Staffordshire & Stoke-on-Trent Wellbeing Service

Integrating Healthcare Provision for Staffordshire

Improving Access to Psychological Therapies (IAPT)

- National model for psychological therapies for anxiety and depression - based on NICE guidance and the IAPT Best Practice Manual
- https://www.england.nhs.uk/publication/the-improving-access-to-psychological-therapies-manual/
- Contact us on 0300 303 0923 – dedicated self referral line for IAPT in Staffordshire and Stoke on Trent (prefer patients to self refer)
- srpeast@mpft.nhs.uk for email referrals – patients will receive three calls from us in 7 days with a message left asking them to contact us